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**Saturday – April 09, 2016 @ 8:00 AM**

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East Stroudsburg University – Rec B

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East Stroudsburg, PA 18301

For more information, Kacey at 570-422-2981 or email ksherman@live.esu.edu. To register visit: [http://stairmaster.com/registration/schwinn-indoor-cycling-training-program-1196.html?continent=north-america&country=usa&state=pennsylvania](http://stairmaster.com/registration/schwinn-indoor-cycling-training-program-1196.html?continent=north-america&country=usa&state=pennsylvania)